Whilst some of us returned home from Uttoxeter others went to Llandudno to participate in the Light parade so there was no one to display at the annual Copdock motorcycle show near Ipswich. Enter "our hero" in the form of Lloyd Green from the Norfolk group who rallied the troops to take on the mantle. Very many thanks Lloyd and also to Richard with his 1200SEI, John Reed and his red 1500, Les with his Gen2 1800 Tom and Trish with their 1500 trike and Lloyd and his blue Gen2 1800. We would have felt so guilty if it had rained on you all but as they say the sun shines on the righteous!!

Everyone knows that this year has been exceptionally hot but we have been horrified at the sight of (mainly but not always) youngster on 125s or scooters wearing only T-shirts, shorts and trainers - and even flip-flops. One dreads to think of what would happen if in an accident.

No more for now. Ride safely:- it's a busy world out there. Sent from the depths of the East by an increasingly aged Rebel rider.

Diane XXX

Capital Wings

A huge vote of thanks goes to Tony Perkins and his team of colleagues, sponsors and helpers who through their hard work managed to achieve a very successful 40th Anniversary British Treffen at Uttoxeter over the August Bank Holiday weekend.

Capital were instrumental in organising and running the Real

Ale Bar, again, and sales raised just over £3,000 for the Club's coffers.

So a ginormous vote of thanks goes to Yetti and his happy band of helpers for their time and commitment to build the Bar in the days before the weekend and to serve the beers and ciders over it.

Amazingly, all three barrels of cider had been drunk before the end of Thursday evening - some blamed Barry for this - and more had to be sourced pretty quickly. Only 12 pints of beer remained at the end of the event. Our collective Capital thanks go to Club members and Regions for sponsoring the ale in the first place. Here is the Team in their football-style pose.



Real Ale Bar Team

Capital members also sponsored certain goodies eg. John and Julie the tote bags and Taz and Trudy the Sunday afternoon singer, Enzo. He was brilliant again whilst people picnic-ed in the sun in the paddock. Awards also came our way - Phil Peskett won the Oldest Rider accolade, John and Julie received their GWEF Touring prize for attending ten Treffens in 2019 and Yetti was handed a Shuffleboard certificate!



Enzo



Well Toured John and Julie

Charles volunteered his expertise as a paramedic to be tail-end Charlie for the two beautiful run-outs to Donington Park and Buxton. As far as I know, his services, thankfully, were not needed.



Charles and Alexander

The Donington ride was a significant milestone for Alan Russell in his recovery from a stroke in July. He set a target with his medical team to be on a motorcycle and dancing (but not together) within six weeks. He achieved this with flying colours with help and assistance from Rocky, Gordon, Alison, David and Richard. Here they all are at the muster and the evidence that Alan really did ride round the Donington Park Circuit. An action photo! It was a nice touch that later on all the drivers were handed a certificate to say they had participated in the Donington Race Circuit Parade Laps.



Alans Care Team

The Friday evening fancy dress theme was "A Day at the Races" and a fair number of people entered into the spirit of it. Jockeys, retired jockeys, well-dressed racegoers, stable lads and the horses themselves. Johnny checked to see how the going was on the course before the evening. It must have been quite hard because many of us got sprayed throughout the weekend when the course was being watered. Bookie Rob was seen deep in conversation with jockey Chairman Nigel. Were they buying beers or fixing the race? Meanwhile, the Light Parade returned, to be greeted by an excited foursome of neighing horses and Lesley wondering which one was hers.



Jockey Johnny Inspects the Course



Fancy Racegoers



Happy Horses Enjoy The Lights



Is It On Then

The GWEF Awards on Saturday evening saw prizes for Italy, Ukraine and Ireland and a '100 Treffens Attended' award to the Luxembourg International Rep. Henri. In fact, our Treffen was Number 128 for him. Bob and Sonja Simpson also reached '100' so congratulations to everyone and wonderful to see 13 countries represented at our 40th. The entertainment musical was provided by a Fleetwood Mac tribute band, Landslide. For some reason, the stage was not lit for them so here's a photo of what they looked like.



Landslide On Stage

It was then Raffle drawing time and the key one of interest for Capital was our Scratch Card Raffle. Carl and Tara had kindly donated £100-worth of assorted scratch cards and the sale of tickets in the Real Ale Bar raised £347.



Scratch Card Raffle Draw

Chloe picked Wendy Lloyd's winning ticket and Wendy then employed her Essex friends to help her scratch away. Apparently, she was very fortunate to win quite a few Pounds.

Yetti put out a message on Sunday morning inviting Moles to meet up for a nibble, drink and a photo opportunity by the Real Ale Bar at 1.30pm. Capital and friends duly turned up although the final picture did sadly have a few Moles missing. They had either gone home already or were tunnelling elsewhere. No ladder this time for our own Rankin; he had to make do with a delightful plastic table.





Smile Please, No Fingers

Capital and Friends 2022

Sunday evening saw three local charities benefitting from the generosity of the attending everyone Treffen. Cheques from the proceeds of the main raffle were handed to representatives from Midlands Air Ambulance and Sarah's Dream (raising awareness for Huntington's Disease). The third charity, DocBike, puts a highly-trained trauma doctor or critical care paramedic on a response motorcycle to work alongside local emergency services. The background here is that an off-duty policeman - Luke - lost his life in a accident and motorcycle people including his Mum are currently raising money to get the DocBike project operational in Staffordshire as 'Luke's Legacy'. Capital's efforts through the

sale of Scratch Card raffle tickets, special Real Ale Bar beer mats, various snacks sold at the Bar and a donation from Craig Perkins totalled a magnificent £809.72. Our thanks go to everyone who gave so generously including Carl and Tara and to Dani, Chloe and Alex for their time running the snack bar. A cheque for £809.72 was presented to a very emotional and grateful Carol, Luke's Mum. She was overwhelmed by the amount of monies raised. Carol had no words to say, just love running from her eyes.



DocBike Carol Receives Cheque

During the weekend, many of us took advantage of the opportunity to test ride one of the latest 1800 Tour DCT GoldWings. It was good to chat to the Honda UK chaps and pick their brains on technicalities. Johnny and myself, Richard, David and Charles enjoyed the countryside run but here we have Big Al and Chloe about to set off.

Big Al and Chloe Go DCT



The week before the Treffen saw a return to the good times we have missed over the last couple of years when 17 GoldWings met up at Boreham Services and then rode to the Hawthorns Retirement Home.

They were greeted by residents who were waiting and watching out for their arrival in sunny Braintree. The Hawthorns provided a few snacks for the bikers which were greatly received but as it happened, they were only a starter as what followed at David and Lorraine's home was a truly magnificent BBQ. They wouldn't take anything for the food apart from thanks from everyone. They really went above and beyond in their hospitality and generosity, helped by Alison Rowe, Richard and David's mother, Carol.

Organisers Joe and Margaret repeat their many, many thanks to all who came including Tony Gull, Mick, Gordon Rowe, Brian, David Withers, Johnny C. and little legs Barry. They helped to brighten the day for our older generation. Wow! what an absolutely fantastic day they all had, And finally, our congratulations go to Daz who celebrated his 60th birthday in September. Also, a 'good luck' goes out to Alex who has joined the Army Foundation College in Harrogate, a junior training establishment in the British Army. Alex is following in the footsteps of his grandfather and father.

That's all for now. Lovely to catch up with so many distant but not forgotten Capital members and those from other Regions in Uttoxeter.

Miss (Helen) Whiplash

Devon & Cornwall Wings

There was a good turnout for the Tuesday Rendezvous at the Elliot Arms. Apart from a dodgy parking area it is a good venue - they put the ten of us in a room on our own where we could all chat easily before sampling from their delicious menu remembering portions are pretty enormous but some of us still had room for a dessert (mainly ice cream tho!). A couple of the roads nearby had been blocked by various breakdowns which meant people having to turn around but we all got there eventually and it was good to catch up with people we hadn't seen for a few months.

Monday Breakfast was even better - six bikes and several cars. We decided to try Strawberry Fields at Lifton where we've had good Sunday lunches and afternoon teas but actually consensus was that we probably won't repeat it for breakfast, nothing really wrong just that it's better elsewhere (who mentioned the Engine House?) and as ever the car park was a nightmare even